

JOB DESCRIPTION

TITLE OF POST: Occupational Therapist: Paediatrics & Young Adults

SALARY BAND: Band 6

LOCATION: Occupational Therapy Department, Health Services

REPORTS TO: Head Occupational Therapist SUPERVISED BY: Band 7 Occupational Therapist

SERVICE SUMMARY

This post is senior therapist for the Occupational Therapy Service for the Further Education College and School at Young Epilepsy, those being assessed for future placements as well as other external services as required. The job holder is part of a multi-disciplinary team providing advice, assessment, treatment and management for young people with epilepsy, autism, moderate to severe disabilities and their families/ carers.

The Occupational Therapy department provides a service to St Piers School, College and Assessment services based in the Neville Childhood Epilepsy Centre.

KEY WORKING RELATIONSHIPS

Key working relationships

- Other members of Occupational Therapy Service
- Other members of Therapy team
- Other student's community services
- Members of the Young Epilepsy multi-disciplinary team

JOB SUMMARY/ STATEMENT

- To assist the Band 7 occupational therapists in the planning and delivery of occupational therapy services to the students and their family/ carers, complying with Young Epilepsy, professional and departmental standards of practice.
- To provide team support for junior staff, technicians and students.
- To assist in the management, development and research of occupational therapy services, including service reviews. To hold responsibility for defined projects.
- To comply with the College of Occupational Therapists Code of Ethics and Professional Conduct



MAIN TASKS AND RESPONSIBILITIES:

1. Clinical Responsibilities

- 1.1 To plan and deliver a student-centred occupational therapy service to a personal caseload of students and their families/ carers in the St Piers School and College. This will include seeing students individually and/or in groups as appropriate.
- 1.2 To assess and treat students with various conditions/disabilities and complex social and functional needs, within occupational therapy performance guidelines
- 1.3 Through analysis and synthesis of findings, develop individual goal oriented treatment and intervention plans in collaboration with student (as appropriate), family/ carers and colleagues. This will include the application of skills to assess motor, sensory and cognitive function in the context of the student's social and physical environment.
- 1.4 To utilise specialist occupational therapy skills in the assessment of the parent/carer understands of treatment proposals, to gain valid informed consent for interventions and to work within a legal framework where consent issues are complex.
- 1.5 The ability to autonomously manage and treat a diagnostically varied and complex patient caseload.
- 1.6 To assess, prescribe, arrange provision and installation of specialised equipment and adaptations including seating, safety and ADL equipment.
- 1.7 To monitor, evaluate and modify treatment in order to measure progress and ensure effectiveness of intervention.
- 1.8 To ensure student's reviews demonstrate clinical reasoning and problem solving techniques to determine agreed outcomes across health services.
- 1.9 To undertake risk assessments to determine appropriate management, specifically related to moving and handling, safe use of equipment, and safety in the home and care environment. To ensure safety for self and others during all occupational therapy interventions.
- 1.10 To apply an advanced level of understanding of factors influencing student development and of the effect of disability upon the student's occupational performance and the family, and provide training and advice on lifestyle changes and adaptations to the student's social and physical environment.



- 1.11 To demonstrate professional skills and standards consistent with a specialist in the field and to ensure that services provided comply with professional and departmental standards of practice.
- 1.12 When necessary, to provide cover for other occupational therapists in their absence due to annual / sick leave and other absences.

2. Communication

- 2.1 To communicate and liaise effectively with other professionals, students, family/carers and other agencies to ensure an integrated pattern of service delivery. Use formal and informal reporting mechanisms to ensure effective communication.
- 2.2 Use verbal and nonverbal communication to receive and disseminate clinical information, acknowledging sensitivity and complexity e.g. adult/ child safeguarding issues, and using approaches appropriate to the context or culture. Use of effective interpersonal skills to encourage students and families/ carers active participation in the occupational therapy process.
- 2.3 To attend and contribute to department meetings, including other multidisciplinary meetings, and progress meetings relating to clinical caseload.
- 2.4 To record students' treatment and other related activity in accordance with professional and departmental guidelines.

3 Professional Development

- 3.1 To remain informed on developments and trends in occupational therapy practice by study of the current literature available and to adapt own working practices accordingly.
- 3.2 To develop clinical, managerial and teaching skills via continuous professional development (CPD), including maintenance of an up to date CPD portfolio.
- 3.3 To attend and contribute to regular supervision sessions and participate in performance reviews.
- 3.4 To attend Young Epilepsy mandatory training for moving and handling, first aid, and safeguarding children.

4 Training

4.1 To organise and/or contribute to the induction and/or training of staff, both within or external to the department.



4.2 To participate in the organisation of clinical teaching programmes for therapy technicians and students; and to undertake fieldwork educator responsibilities as required.

5 Management Responsibilities

- 5.1 Build and sustain relationships as an independent practitioner and collaboratively as a member of the team.
- 5.2 To co-ordinate the day-to-day activities of junior staff/ technicians where applicable.
- 5.3 To manage waiting lists using a prioritisation system.
- 5.4 To supervise and guide the work of OT assistant/ technician, ensuring compliance with professional and departmental standards of practice.
- 5.5 To co-ordinate and conduct the performance reviews of assistants' staff, when appropriate.
- 5.6 To collect, collate and analyse workload statistics required for departmental purposes and for service reviews. To advise the Head OT of changes in trends related to caseload activity.
- 5.7 To share responsibility for ordering, issuing, retrieving and maintaining departmental equipment.
- 5.8 To undertake designated departmental duties to ensure efficient use of equipment, facilities and materials.
- 5.9 To act as a representative for occupational therapy and/or therapy services on external initiatives.

6 Service Development and Delivery

- 6.1 To further develop and consolidate the role of the occupational therapist at Young Epilepsy.
- To provide services which are sensitive to the needs of the culture and diversity of individual students and their families/ carers.
- 6.3 To advise and collaborate with the Band 7 Occupational Therapists in further development/consolidation of services, to contribute to service reviews, and to hold responsibility for defined projects.



- 6.4 To contribute to the development of collaborative working practices with team and Therapy staff.
- 6.5 To develop and consolidate protocols and guidelines regarding service delivery in liaison with the Band 7 OT.
- 6.6 To participate in departmental policymaking and be aware of Young Epilepsy policies and procedures. To aid the Head Occupational Therapist in ensuring these are adhered to.
- 6.7 To instigate, participate in or investigate research and audit projects as appropriate.

Scope and Purpose of Job Description

Young Epilepsy is a fast moving organisation and therefore changes in employees' duties may be necessary from time to time. The job description is not intended to be an inflexible or finite list of tasks and may be varied from time to time after consultation/discussion with the postholder.

Professional Registration

Staff undertaking work which requires professional/state registration are responsible for ensuring that they are so registered and that they comply with any Codes of Conduct applicable to that profession. Proof of registration must be produced on appointment and, if renewable, proof of renewal must also be produced.

Confidentiality

The post-holder must maintain confidentiality of information about staff, patients and health service business and be aware of the Data Protection Act (1984) and Access to Health Records Act (1990).

Health and safety

The post holder must co-operate with management in discharging its responsibilities under the Health and Safety at Work Act 1974 and take reasonable health and safety of themselves and others and to ensure the agreed safety procedures are carried out to maintain a safe environment for patients, employees and visitors.

Risk Management

All staff have a responsibility to report all clinical and non-clinical accidents or incidents promptly and when requested to co-operate with any investigation undertaken.

Conflict of Interests

You may not without the consent of Young Epilepsy engage in any outside employment

Code of Conduct

All staff are required to work in accordance with the code of conduct of the College of Occupational Therapy and the Health Professions Council.



Person Specification

POST: Occupational Therapist – Band 6

DEPARTMENT: Occupational Therapy

LINE MANAGER: Band 7 OT

RESPONSIBLE TO: Therapy Manager

ATTRIBUTE/	ESSENTIAL	DESIRABLE*
SKILLS	Degree/Diploma COT	Member of BAOT/COT
EDUCATION	Degree/Dipioma CO1	Member of BAOT/COT
	HPC registration	Member of COT SS: Children,
		Young People and Families
	Postgraduate training related to	
	paediatrics /young adults/learning	Sensory Integration qualification
	disabilities	AMPC suplification
		AMPS qualification
		Fieldwork Educator training
	Management of a varied and complex	
SKILLS/ ABILITIES	caseload with evidence of skills in various settings and in providing student-	
	centred care.	
	Clinical reasoning and problem-solving	
	skills to determine management of	
	caseload	
	Skills to develop and consolidate service	
	including service reviews	
	Ability to work as an autonomous	
	practitioner	
	Ability to cope with a pressurised	
	working environment.	
	Skills to manage and be accountable for	
	team workload prioritisation system.	
	Ability to receive and impart sensitive	
	information related to disability and loss	
	of function	
	Ability to deal with distressing situations	



	involving profound disability, life-	
	threatening situations, bereavement &/or death	
	Ability to positively manage exposure to students/ families/ carers and environments which may be highly distressing, antagonistic, open to aggression and unpleasant.	
	Understand and implement appropriate standards, including risk management in all work undertaken	
	Ability to reflect on and critically appraise own performance	
	Ability to appreciate the sensitivity and complexity of child and families/ carers culture and diversity and the ability to provide services appropriate to individual needs.	
	Ability to seek guidance and support when necessary	
	Willingness to extend skills and knowledge	
EXPERIENCE	Previous experience working in Children and Young Adult's Occupational Therapy Services.	Developing, monitoring, evaluating and auditing services
		Previous Band 7 experience
	Experience of multi-disciplinary team work and the ability to initiate and contribute to the work of other disciplines	Experience of working in a variety of clinical settings – hospital and community.
	Evidence of continuing professional development	Knowledge of and experience in assessment and use of IT,
	Demonstrate application of clinical effectiveness and evidence based practice	including switches and basic software. Experience prescribing wheelchairs and special seating
	Evidence of consolidation in more than one area of practice with experience working in a community setting.	Experience of using range of



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	Knowledge of standardised tests used with children/ young adults	different assessments and interventions in paediatrics
	Experience of report writing	
	Computer literate. Basic I.T.skills	
	Knowledge of core OT skills in physical, neuro and learning disabilities areas	
	Knowledge and experience of a range of treatment techniques and approaches in paediatrics	
	Knowledge of and experience prescribing equipment	
	Experience in the use of OT models and practice	
	Assessment, planning, implementing and evaluating treatment, complying with professional and departmental standards	
	Supervision and support of OT students	
	Team work and effective communication / liaison	
	Participation in / knowledge of OT research / audit	
COMMUNICATION SKILLS	Objective recording and reporting of intervention and maintenance of activity data	
	Effective negotiation skills/ communication skills related to difficult clinical or team management issues	
	Promote OT and demonstrate professional attitude and appearance	
	Establish and maintain good working relationships	



	Fluency of verbal and written English	
PHYSICAL	Ability to undertake physical activity	
QUALITIES	involved with therapeutic handling of children.	
	Ability to perform motor tasks e.g. splint fabrication/ equipment adjustments	
	Sufficient to fulfil the duties of the post with any aids and adaptations	
Other requirements	Flexibility in approach to service delivery	Ability to work flexible hours as service needs dictate
	Adherence to COT and HPC guidelines and codes of ethics and professional conduct.	